



Mallory Dumont tags out a Cuero runner at home on Tuesday night's game. More on Page 5.

## Food Bank Names H.E.B. Regional Retailer of Year

America's Second Harvest, the nation's food bank network and largest charitable hunger-relief organization, has named H-E-B Regional Retailer of the Year for its hunger prevention efforts in Texas and Mexico. H-E-B received the recognition at this year's Hunger's Hope Awards held in Dallas on February 16. This is the third time H-E-B has received the prestigious honor.

The awards recognize outstanding contributions from corporations, food banks and individuals that support America's Second Harvest's mission to create a hunger-free America. H-E-B was nominated for the award by several of America's Second Harvest's affiliate food banks in Texas.

"H-E-B embodies an incredible level of dedication in helping end hunger. This is demonstrated through its generous donations of food, funds and volunteers," said Robert Forney, President and CEO, America's Second Harvest. "We are proud to recognize H-E-B and its Food Bank Assistance Program as a tremendous supporter of hunger-prevention programs in the United States."

The H-E-B Food Bank Assistance Program was established in 1982 and has since then delivered more than 550 million pounds of food, non-foods, perishables, over-the-counter drugs, pastries and bread to food banks in Texas and Mexico.

Currently, the program supports

14 America's Second Harvest Food Banks in Texas and 7 of Mexico's Mexican Association of Food Banks. In turn, these food banks distribute the goods to more than 4,000 non-profit organizations serving 200 counties in Texas and three states in Mexico.

In 2005 alone, H-E-B donations in Texas and Mexico reached 25.7 million pounds valued at approximately \$29.7 million. H-E-B's additional support of food banks includes donations of critical operations equipment such as forklifts, storage rack systems, freezers,

coolers and staff training and consulting support.

"In Texas where one out of every five adults and one out of every four children live in poverty and have difficulty meeting basic nutritional needs, H-E-B is proud to lead efforts that combat hunger and malnutrition," said Winell Herron, H-E-B Group Vice President of Public Affairs and Diversity. "By raising awareness about hunger in our nation and assisting our food bank networks, we can all make a difference in reversing these numbers."

In addition to the Food Bank Assistance Program, H-E-B's other hunger prevention initiatives include:

The H-E-B Feast of Sharing Holiday Dinners

Founded in 1989, the H-E-B Feast of Sharing Holiday Dinners are held in 27 communities across Texas and

in northern Mexico. Filled with music, entertainment and a sense of camaraderie, the dinners have become community traditions that serve more than 225,000 meals to thousands in need of physical and emotional sustenance.

### H-E-B Food Drives

Throughout the year, H-E-B sponsors and supports major food drives designed to supplement food banks in its assistance program. One such major food drive is Food For Families in Central Texas. This food drive collected 1 million pounds of food in 2005.

### Help End Hunger & Share Your Holidays

Help End Hunger and Share Your Holidays are innovative and extremely successful programs that directly involve customers in H-E-B's efforts to meet the basic nutritional needs of Texans. Customers can designate a donation to their local food bank by simply adding \$1, \$3 or \$5 to their grocery bill at the time of check-out. In 2005 alone, \$360,000 was raised by customers and distributed to food banks and other major hunger relief organizations.

### H-E-B Disaster Relief

Following major disasters, H-E-B supports emergency relief missions across the nation and in Mexico to help communities in need. With the recent Hurricanes Katrina and Rita, H-E-B donated approximately 80

## Texas Honey Production Off 32 Percent

Texas beekeepers produced 5.96 million pounds of honey during 2005, down 32 percent from 2004.

According to the annual report released by the Texas Field Office, the total value of Texas honey production was \$5.07 million, down 39 percent from the previous year.

Producers averaged 85 cents per pound of honey, down 10 cents from 2004.

The total number of bee colonies producing honey in Texas, at 84,000, was down 28 percent from a year ago; production per colony averaged 71 pounds, compared with 76 pounds a year ago.

Nationally, honey production totaled 175 million pounds, down five percent from 2004.

During 2005 there were 2.41 million colonies producing honey, down six percent from 2004.

Total value of United States honey production was \$157.8 million, a decline of 20 percent from 2004. The average value was 90.4 cents per pound.

California came in second with 30.0 million pounds followed by South Dakota with 17.4 million pounds and Florida with 13.8 million pounds. Texas ranked sixth in honey production.

## DENTAL EMERGENCIES - BROKEN TOOTH

First, rinse the mouth with warm water to keep it clean. Immediate dental care is necessary. The treatment will depend on the severity of the fracture and could range from smoothing out a chipped area to bonding with a tooth-colored material, to placing a crown on the tooth. If there has been damage to the tooth's nerve, root canal therapy may be necessary as well.

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w/ Salad Bar**

**SENIOR CITIZEN SPECIAL  
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### People FACT:

WHO WERE THE FIRST PEOPLE TO USE UMBRELLAS AS PROTECTION AGAINST THE RAIN?

ANSWER: THE CHINESE

### Creative Coloring

Have fun in the rain! Color in this picture to make your own rainy-day masterpiece.



### THIS DAY IN...

#### HISTORY

- 1639: CAMBRIDGE UNIVERSITY WAS RENAMED HARVARD UNIVERSITY.
- 1852: THE "UNCLE SAM" CARTOON MADE ITS DEBUT.
- 1925: THE TEACHING OF EVOLUTION WAS BANNED IN TENNESSEE SCHOOLS BY THE PASSING OF A BILL.

### new word

drench

to wet through; soak

### How they SAY it in...

English: UMBRELLA

Spanish: PARAGUAS

Italian: PARAPIOGGIA

French: PARAPLUIE

German: REGENSCHIRM

### Did You Know?

THE UMBRELLA AS WE KNOW IT TODAY EVOLVED FROM THE PARASOL, WHICH WAS USED TO BLOCK OUT THE POWERFUL RAYS OF THE SUN.



### get the PICTURE?



Can you guess what the bigger picture is featured here?

ANSWER: BEACH UMBRELLA